

HAPPY NEW MONTH

MOTM
DIGEST
MARCH 2026



EMPOWERED

GBEMINIYI EBODA



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CONVENER, MEN ON THE MOVE

Welcome to a new month.

This month is about one word:
Empowered.
Not hyped.
Not pressured.
Not pretending.
Empowered.

To be empowered means you are not empty. You are not helpless. You are not behind. You carry capacity. You carry strength. You carry grace for your assignment.

Too many men are living beneath their potential — not because they lack ability, but because they have forgotten who they are. This month, you must remember.

You are empowered to lead your home with wisdom.
Empowered to rebuild what broke.
Empowered to start again where you failed.

Empowered to make hard decisions.
Empowered to grow beyond your past.

Power is not noise.
Power is not aggression.
Power is not control.
True power is discipline.
It is consistency.

It is quiet strength under pressure. As we gear up for Men on the Move 3.0, let this month mark a shift in you. No more excuses. No more blaming systems, people, or circumstances. Stand in your responsibility. Stand in your calling.

You don't need more motivation.
You need alignment.
You need focus.
You need courage.
And you already have what it takes.

This month, walk like a man who knows he is empowered.
Move with confidence.
Speak with clarity.

Act with conviction.
You are not weak.
You are not stuck.
You are empowered.

Blessings!

